

夏休みを迎える皆さんへ

児童・生徒用

1 感染防止対策の基本を徹底しよう

Thoroughly implement the basics of infection prevention measures

- ✓ Do not forget to “keep social distancing”, “wear a mask” and “wash hands”.
- ✓ Avoid the place that “closed”, “crowded” and “near distance with other people” that have a high risk to be infected.
 - However, on days when the temperature and humidity are high, in order to avoid the risk of heat stroke, you can remove the mask to rehydrate while keeping sufficient distance from people.
- ✓ Prevent infection not only by yourself but also by the whole family.

2 自らの体調チェックを徹底しよう

Thoroughly implement check your own health

- ✓ Use the “Health Check Card” to check your physical condition every day.
 - If you have any symptoms, do not participate in club activities and be sure to rest at home.
 - If you have a particularly worried of any symptom (high fever, strong drowsiness or hard to breath, no taste or smell, cold symptoms or slight fever), call immediately and consult to medical institution.
 - If you or your family member living with will take a PCR test, please contact the school immediately.

(The school that received the report must promptly report to the Board of Education)

連絡先Contact number : 090-1709-2299

3 家庭や学校外での感染防止対策を徹底しよう

Thoroughly take measures to prevent infection at home and facilities outside of school

- ✓ At home, please do not forget to ventilate all rooms and avoid close distance conversations and face-to-face meals with large groups.
- ✓ Even when using facilities outside the school (Tutorial school, libraries, etc.), be sure to wear a mask and take thorough measures to prevent infection.
- ✓ Be cautious about avoiding behaviors at high risk of infection, such as going to karaoke and barbecue, which is actually infected.
- ✓ Regarding the Tokyo Olympics and Paralympics, refrain from watching TV with a large number of people at home or at restaurants.

4 県をまたぐ不要不急の外出は慎重にしよう

Be careful about going out unnecessary and urgently across prefectures

- ✓ Carefully consider going out across prefectures, outbreaks in areas where infection is spreading and taking appropriate actions to prevent infection.

※ 新型コロナワクチンについて About Covid-19 Vaccine

Although the Covid-19 vaccine has been recognized to be highly effective, it is based on the desires of the individual, and is used for irresponsible information dissemination to prevent harassment such as prejudice and discrimination against those who do not desire to get the vaccine.

保護者の皆さまへ**1 お子さまの感染防止対策をお願いします****Request for infection prevention measures**

- ✓ In the coming season, the Tokyo Olympics and Paralympics will be held, and the arrival of a full-scale "summer" when the flow of people will become more active, the risk of re-spreading the infection is imminent. The second wave of last year was triggered by the active flow of people during the summer and Obon holidays.
- ✓ In view of the spread of coronavirus infection, we are showing the infection prevention measures for children and students to work on during this summer vacation. We ask for parents/guardians help children and students understand these measures and take proactive measures.
 - Even there is no school, please check their health using the "Health Check card".
 - If your child has any particular symptoms of concern, please contact to the medical institution immediately and see a medical check-up.
 - If your child or your family member living with will take a PCR test, please contact us (school) immediately.
 - To avoid the risk of heat stroke, tell your child to remove the mask on hot and humid days if you can keep a sufficient distance from others.

連絡先Contact number : 090-1709-2299

2 ご家族の感染防止対策をお願いします**Thoroughly take measures to prevent infection at home**

- ✓ The cooperation of family members is indispensable to protect children from the new coronavirus infection. During the summer, we ask all family members to take measures to prevent infection in the same way as children.
- ✓ Carefully consider going out across prefectures, outbreaks in areas where infection is spreading and taking appropriate actions to prevent infection.
- ✓ Be cautious about avoiding behaviors at high risk of infection, such as going to karaoke and barbecue, which is actually infected.
- ✓ Regarding the Tokyo Olympics and Paralympics, refrain from watching TV with a large number of people at home or at restaurants.

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